

Island Dress Code

STYLE What to wear while dining in the Caribbean is a seemingly simple question. But each island and every meal can call for a different look. We've analyzed several iconic island scenarios to give you an edge when packing your bag.

THE LOOK	THE STUFF	THE LOCATION
<p>Stranded Heiress Knightsbridge in May can ruin a girl's complexion, so she throws a few togs into a Prada alligator suitcase and heads south to revive.</p>	<p>Tom Ford Whitney Sunglasses Nobody does glamour like Tom Ford, and nothing conveys "bored billionaire" better than these shades.</p> 	<p>Hotel St-Barth Isle de France, St. Bart's The perfect place to sit poolside, picking nonchalantly at a soy sprout and carrot salad.</p> 
<p>The Spy Who Scubas Whether you're an international man of mystery or just want to look like one, suit up for a superior scuba experience.</p> 	<p>Oyster Perpetual Submariner Date Rolex No spy worth his salt would be without this classic timepiece, which Sean Connery wore on a deserted beach in the 1962 classic Bond film <i>Dr. No</i>.</p> 	<p>James Bond Beach near Ocho Rios, Jamaica After a day of conch diving, adventurers trek up this stylish stretch of sand to the clubhouse for a Martini—shaken, not stirred.</p> 
<p>Havana Hipster Hemingway knew it, and so did Che. When it comes to style, sultry Havana has a look all its own.</p>	<p>Guayabera Shirt This classic Cuban shirt style is a sartorial staple for clubbers.</p> 	<p>W Hotel, Vieques, Puerto Rico Don't cry for me, Havana. The party will move over to Vieques with the much-anticipated opening of the new, sure-to-be-sceney resort.</p>
<p>Nevis Newbie On the hopelessly chic island of Nevis, horse racing is one of the most popular spectator sports, and first-time visitors are likely to be as puzzled by what to wear as which horse to bet on.</p>	<p>Manolo Blahnik Shell Thong Sandal You're surrounded by pretty little shells—why on earth shouldn't you have them on your sandals?</p> 	<p>Indian Castle Race Track, Nevis You'll be as well-shod as the Thoroughbreds at the Nevis Turf and Jockey Club's "Day at the Races" while eating delicious fried chicken at the trackside festival.</p> 
<p>Beach Shack Comber Your luggage is a backpack. Your watch is set to "island time."</p>	<p>GapBody Floral Tankini Throw this on and you're set to go from snorkeling to snacking.</p> 	<p>The Dune Preserve on Rendezvous Bay, Anguilla Kick off your flip-flops, order a couple of potent Dune Shines, and dig into some crispy baby back ribs or cumin-marinated marlin. —Heather John</p>

INGREDIENT

GET YOUR GOAT

Call it the other red meat. Goat, the Caribbean staple (and beloved in many corners of the world), could be the next big thing at butchers' counters in the United States. Lean, full-flavored, and affordable, it's a sort of anti-Kobe. Goat's recent emergence in specialty markets and on upscale restaurant menus is thanks in part to a convergence of Latin, Asian, and Middle Eastern immigration and the recent attention of chefs. New York's **SCOTT CONANT** (of *Alto* fame), Latin-fusion sensation **DOUGLAS RODRIGUEZ**, and **JEAN-MARIE LACROIX** at *Lacroix* in Philadelphia all possess a penchant for turning humble cuts into their kind of haute cuisine. Look for fresh goat in ethnic markets, and use it in the Curried Goat Stew recipe in "Entertaining with Style," page 121. ■

CLOCKWISE FROM FAR LEFT: CORBIS; BRIAN LEATART; COURTESY OF HOTEL ST-BARTH ISLE DE FRANCE; ST. BART'S; LAURA JOHANSON/FOODPIX/JUPITER IMAGES;

SOME T



©2006 LG Electronics.